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Natasha is joining us We are delighted to announce that Natasha Makinson-Hajjar will be joining the team at Karen Sammon Skincare Center. Natasha, a Japanese national, is a Cidesco-qualified Beautician, who has previously worked in the UK, Australia and China. Alongside being an excellent Skincare Therapist, Natasha is bringing new expertise to Karen Sammon Skincare Center, as a Holistic Therapist. We will offer some new treatments to reflect Natasha's influence such as Reiki, Reflexology and Indian Head Massage. Keep an eye on our website from mid October. Please feel free to let your Japanese colleagues and friends know they can now have treatments with a Japanese therapist in Brussels.

Fusion Head and Back Massage Unique to Karen Sammon Skincare Center, Natasha has brought us an amazing new treatment. This treatment incorporates Indian Head Massage, Reiki and a Pressure Point Back Massage. The client does not need to remove any clothing for this treatment, nor are any oils applied to either head or body and thus makes it an ideal lunchtime treatment for those in need of deep express relaxation. You will remain seated for the duration of the treatment and although not necessary, comfortable upper clothing is desirable. You can choose this treatment as a 20 minute treatment for 30€ or a 45 minute treatment for 50€. Natasha will be working mostly on Mondays and some Saturdays for the month of October.

Hot Stone In our search to deliver an excellent range of holistic services, we have teamed up with a Hot Stone therapist who will offer Hot Stone therapy at the salon. For those of you who have not yet experienced Hot Stone, it is a deep relaxing and warming massage. The benefits of which include alleviation of stress, deep muscle and tissue relaxation. This is a great winter treatment which warms cold bones! Our therapist will work independently for Karen Sammon Skincare Center and you can book her through the normal booking procedure.

Waxing and Manicure When we first started more than four years ago, we were only providing waxing and manicures as add-on services. This enabled us to concentrate on our speciality service of Skincare Therapy. As the business has grown, so has the demand for these services as stand-alone treatments. This means that you can book any other service without booking a face or body treatment.

Eyebrow Threading We regularly get requests from people who would like to try eyebrow threading and now we have found a specialist for you. Eyebrow threading involves twisting a piece of thread, usually cotton, into a double strand. This double stranded thread is used to pick up a line of hair and then remove it, creating a very clean, precise hairline. Eyebrow threading is the technique preferred by Indian movie stars, who are often distinguished by their crisp brow lines. This technique is also really suited for male clients who have thicker and longer hair. If you are interested in threading, let us know and we can arrange an appointment for you.

Pedicure Over the past year Cecile at Tao Center (Pedicure Medicale) has experienced a phenomenal boom in business, which has resulted in a 3-4 month waiting list. We have been inundated with requests to provide a pedicure service and we are happy to do so. Our service will concentrate on the aesthetic, commonly known as Spa Pedicure. Although, all 3 of us are qualified to carry out more extensive pedicure procedures, Belgian law prevents us from doing so. This should nicely bridge the gap between waiting times at Tao Center.

Men's Facial treatment We have updated our Men's treatment to include a Shave Consultation and to offer the option of back massage instead of a face massage.

Back to School we went back to school too last month to bring new massage techniques to our treatments and to refresh some old ones.

Marie Claire Belgium The editor of Marie Claire Belgium had a treatment at Karen Sammon Skincare Center in April and has written a great article about the salon in the May issue. Cool!

Sweet Sixteen when you are sixteen we reckon you are old enough to have pampering treatments – all those exams, study and stress! Don't know what to do for a birthday? We can arrange a party for up to 6 girls/guys. Contact us for further details.

New Products in Store **Tri Active Cleanse** is an amazing new cleanser containing Ascorbyl Glucoside and Lactic Acid. It is part of the Chroma White® range which is specially developed for people with light pigmentation problems. It is a powerful cleanser which delivers that desirable 'dewy' look and brightens the skin.

Power Foliant – also from the Chroma White® range. We were completely blown away by the strength of this exfoliant. Lactobacillus in combination with Salicylic Acid gives this product professional strength exfoliation in the retail line. Due to the potency of this product, this is really one product where professional recommendation is necessary.

Can't Live Without!

Concealing Spot Treatment: Cuts the spot 'live-time' by half and accelerates recovery time.

Skin Hydrating Booster: For those of us who travel extensively, this is a must. With winter approaching, this is a seasonal essential to combat dehydration from central heating and hot air heating systems. A powerful concentrate of hydrating ingredients including Hyaluronic Acid, delivers much needed moisture to parched skin, resulting in a plump, hydrated epidermis. Use it every three days under moisturizer.

Ask a Skincare Therapist

Help! My skin looks flaky and dull but it looks shiny too. What am I doing wrong, do I need to change my moisturizer ?

It sounds like you need to exfoliate your skin. The flaky look you are describing sounds like a build-up of dead cells and the shiny appearance is probably because your moisturizer is resting on the dead cells and not penetrating the skin. A solution to this problem would be to use a good hydroxy acid exfoliant – preferably a hydroxy acid complex which would penetrate the dead cells, melt away the glue that is making them stick and clear the pores. This enables the oil to flow freely from the skin and lets your moisturizer penetrate the skin and work better. Gentle Cream Exfoliant is an excellent exfoliant. As with most exfoliants, your skin may be sun sensitive for a few days after so please take care to use a good sunscreen (even in winter).

Client Loyalty Card It took a while but we really want to reward our regular clients with our new Client Loyalty Card. Show your card every time you have a treatment or buy products at Karen Sammon Skincare Center and earn points towards free products and treatments. Keep an eye on the website and in-store for promotional products and treatments where you can early double points. Try any of our new treatments in October and November and receive an extra point.

Opi Nail Spanish Collection The new Opi winter collection is coming in first week of October. The Spanish influenced collection is yet another hot offering from Opi. Great colours such as 'Pamplona Purple', 'Here today.. Aragon tomorrow' (yes the names are still whacky!) are fab winter colours and bang on trend.

Ingrid Macdonald Personal Stylist and Shopper

Ingrid Macdonald offers personal help with your wardrobe in your own home. She will help you create your style, be it work, relaxation or special occasions. Using her encyclopaedic knowledge of the fashion shops of Brussels and Antwerp; help you to find the best places to shop for it. Many of our clients are already Ingrid converts and we can highly recommend her service.
www.ingridmac.com

Website Update to avoid bombarding you with emails on all the new and wonderful things we are planning, please check the website regularly and you can see what is happening. When you find an event you like, please phone or email to book a place.

Kim's Makeup Workshop Kim will be hosting a budget-friendly class on the application of make-up with one-on-one attention for each participant. Kim will lead you through several simple looks; 5 minute make-over for busy ladies, how to keep your look fresh and how to vamp it up for evenings. So bring along your make-up bag and we can look at each product you currently use and you can learn to update your look with the products you already have. Date to be confirmed, either email us or check the website mid October.

Cosmetic Enhancements Are interested in getting or receiving more information about Botox, line fillers or laser resurfacing. We work closely with a highly reputable Cosmetic Dermatologist. Please email us for more details.

We're loving!

Thicker Eyebrows

Piola Libri, Rue Franklin

Dark short nails

Crystal Files from Opi

Yamaya Santatsu, Chaussee d'Ixelles

Still loving Lip Plump!

Oh yes False Eyelashes, really loving them now !

Websites we like and recommend

Ciaradoesmakeup.com (our favourite globe-trotting make-up artist); Taocenter.be ; Ingridmac.com

Nataschamehlhop.com

THANKS for reading our newsletter. Bring it with you to the salon and receive a 5€ discount off your treatment in October and November.

